

LUNCH MENU - WEEK 1

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SALAD BAR	MIXED LEAF, PLUM TOMATO, SLICED PEPPER, CUCUMBER, SWEETCORN, BEETROOT, CRUDITES, CROUTONS, GRATED CHEESE, HARD BOILED EGG, DELI SLAW, POTATO SALAD, TUNA AND FRESH BREAD ROLLS				
PASTA BAR	PLAIN PASTA, CHEESE PASTA, TOMATO PASTA, JACKET POTATO, BAKED BEANS				
MAIN	Teriyaki vegetable chow mein	Chilli con carne with rice, sour cream and guacamole	Pasta carbonara with garlic bread and med veg salad	Creamy chicken pie with new potatoes and buttered vegetables	Battered fish finger wrap with chipped potatoes, tartare sauce and ketchup
VEGETARIAN MAIN	Chickpea & spinach curry, pilaf rice and naan bread	Quorn and bean chilli, rice, sour cream and guacamole	Mushroom & tarragon stroganoff with garlic bread and med. veg. salad	Quorn and vegetable pie with new potatoes and buttered vegetables	Butternut squash & sage risotto with salad
DESSERT	Raspberry oat Bar	Caramel cake with caramel frosting	Summer fruit crumble with cream	St clements drizzle cake	Chocolate brownie ice cream & toffee sauce

